

12 lead electrocardiogram

Your doctor has recommended you undergo a test commonly referred to as an ECG, which stands for 12 lead electrocardiogram.

You might not have heard this medical term before now and may be feeling unsure about the nature of the test.

This information sheet outlines what the test involves.

After you read this information sheet, you might still have questions. If you do, please contact our team. We're here to help.

1. What's an ECG?

An ECG is one of the simplest and quickest cardiology tests available and forms part of your baseline cardiology assessment.

An ECG is a non-invasive test that records your heart's electrical activity. ECGs are a valuable tool to detect many different types of abnormalities including arrhythmias (irregular heart beats or rhythms), coronary artery disease (heart disease) or evidence of myocardial infarction (heart attack) and other potential problems.

2. How does it work?

There is no preparation for an ECG. We'll place 12 stickers across your chest, arms and legs to connect them to an ECG machine. The results will be shown as a series of lines with spikes and waves to display the electrical currents within your heart.

The test should take no longer than a couple of minutes.

Our commitment to you

As a patient of Oceanside Cardiology, you can be assured we will always strive to act in your best interests and we will only recommend tests & procedures we believe will benefit you.

Everyone has questions, and we want to answer yours. Please contact your doctor to discuss any concerns you might have.

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